



## **Salem Christian School Athletics COVID-19 Return-to-Play Procedures**

This first phase of SCS Athletics' Return-to-Play procedures will cover the 2020 offseason and fall regular season for all sports. These guidelines were developed in coordination with state government recommendations and PIAA and NFHS guidelines, with consideration to guidance from St. Luke's, SCS's sports medicine provider. No student or coach may participate in 2020 athletics without a signature on the form following the guidelines.

- We expect each parent to exercise good judgment and demonstrate love, care, respect, and service when evaluating what is best for their student-athletes and others.
- Offseason workouts for SCS teams may be held only at SCS.
- Everyone will be screened for temperature upon entry to the gymnasium or outdoor field. On school days, student-athletes will not be re-checked prior to the athletic activity, as they had been checked upon entry into the school that day.
- Anyone whose temperature is greater than 100.4 F will be isolated and a coach will contact the parents for pickup, if necessary.
- Those who have experienced the following symptoms within 14 days should not attend: runny nose, cough (wet or dry), shortness of breath, fever (100.4 or greater), and/or vomiting. These individuals are expected to pursue medical assistance.
- Student-athletes/coaches/parents who have traveled to a high-risk area 14 days or less prior to the activity should refrain from attending any athletic events.
- Student-athletes/coaches/parents who have been in contact with a confirmed or probable (symptomatic, but not tested or awaiting test results) COVID-19 patient should refrain from participation in athletics for the recommended quarantine period.
- Student-athletes who miss team activities due to the protocols above will not be penalized for doing so, and the absences will be considered excused.
- Parents dropping off their children for activities on non-school days should remain on-campus until their child's temperature check is complete.
- Coaches will keep a record of all student-athletes and coaches in attendance at the activity.
- Coaches will notify Mr. Prouse via email of anyone who was sent home due to a temperature of 100.4 F or greater.

- If a positive case is determined, the school will disinfect the applicable space used in addition to the cleaning process that is already in place.
- Per State guidelines, “Sports-related activities at the PK-12 level are limited to student-athletes, coaches, officials, and staff only. The addition of visitors will be contingent upon future health considerations within the state and local communities.”
- Coaches should consider and plan for activities that allow for social distancing and minimal equipment, whenever possible.
- School-issued water bottles, jugs, and fixed water fountains may not be used. Student-athletes and coaches should bring their own water bottles clearly identified with their name.
- Hand sanitizer will be available and should be used frequently. Additionally, frequent hand-washing is expected.
- State mandates for face coverings will be posted with the allowed exceptions.
- It is recommended that student-athletes wear a face covering while not participating in competition or practice when they are unable to properly social distance (e.g. on the bench during a game or during a break in practice).
- Student-athletes may be permitted to wear a face covering for athletic activities if they so choose, and be excused from any strenuous activity in which wearing a face covering would jeopardize their health.
- Coaches should wear a face covering (mask or shield) at all times when they are unable to social distance from others.
- Individual or personal sports equipment should not be shared.
- Coaches will end the activity promptly at the designated end time as communicated to parents on the schedule, in order to minimize lingering. Parents should pick up student-athletes promptly at the designated time.
- Shared team equipment will be frequently cleaned.
- Coaches and student-athletes should continue to practice personal hygiene appropriate to athletic activity to help mitigate spread of infectious diseases.
- Coaches and student-athletes should follow guidelines and procedures of opposing schools when traveling (i.e., temperature checks, symptom questionnaires, etc.) out of love, care, respect, and service for others. Questions and/or concerns regarding opponents’ procedures should be directed to Mr. Prouse.

Individuals who have the following conditions are considered high-risk for severe COVID-19 and may choose to consider delaying return to athletic activities:

- Diabetes
- Chronic Lung Disease (including Asthma)
- Severe Obesity (Body Mass Index >40)
- Chronic Kidney Disease
- Heart Conditions
- Immunocompromised (e.g., any transplant recipient, needing immunosuppressant medications [e.g., steroids, biologics, etc.], patients receiving chemotherapy, etc.)
- Age 65 or older
- If there is a concern that someone is immunocompromised or has any concern regarding their risk in terms of participation in sports and activities, they should consult their healthcare provider prior to returning to sports.

These guidelines will be re-evaluated frequently throughout the 2020-2021 athletics season and may change as federal, state, and local guidelines change.

## Return-to-Play Procedures Authorization

I have read, understood, and will abide by all of the guidelines included in SCS Athletics' Return-to-Play procedures. I will share information pertinent to exposure to COVID-19 with Mr. Prouse ([eprouse@salemchristian.org](mailto:eprouse@salemchristian.org)), so that the Athletic Department can respond accordingly. I understand that participation in athletic activities is completely voluntary and at-will, and involves risk (however mitigated by these procedures) of exposure to COVID-19 and/or other infectious diseases. Salem Christian School including (its faculty, staff, coaches, students, and families) will not be held liable in any way for any exposure to or infection of COVID-19 and/or other infectious diseases.

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**Coach/Student-Athlete Name (Printed)**

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**Date**

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**Coach/Student-Athlete Signature**

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**Date**

**Student-Athletes Only:**

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**Parent/Guardian Name (Printed)**

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**Date**

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**Parent/Guardian Signature**

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**Date**

## **ADDENDUM: AUGUST 28, 2020**

### **Clarification on the use of Masks and Face Coverings:**

The following PA State mandate clarification is effective immediately:

"Everyone must wear a face covering, such as a mask, unless they fall under an exception listed in Section 3 of the Order. Coaches, athletes and spectators must wear face coverings unless they are outdoors and can consistently maintain social distancing of at least 6 feet. Athletes are not required to wear face coverings while actively engaged in workouts and competition that prevent the wearing of face coverings, but must wear face coverings when on the sidelines, in the dugout, etc. and anytime 6 feet of social distancing is not possible."

Additionally, ten-minute mask breaks may be taken when able to be distanced at least 6 feet from others.

Face coverings are to be worn by all people when traveling to/from athletic contests on school transportation.

### **Statement on the use of Media:**

Photography/video recording of SCS athletic activities is currently prohibited without consent from SCS administration.

Social media postings of SCS athletic activities including photos and videos are currently prohibited without consent from SCS administration.

Questions regarding use of photography/video recording of SCS athletic activities should be directed to Ethan Prouse, Athletic Director ([eprouse@salemchristian.org](mailto:eprouse@salemchristian.org)).